

Fact Sheet: PowerHour

:making minutes count

- GOAL:** To help young people develop academic, behavioral and social skills through homework completion.
- WHY:** Boys & Girls Clubs have an important role to play in enhancing young people's educational experiences and empowering them to graduate from high school. Homework completion is a critical component of young people's academic success.
- WHO:** Boys & Girls Club members ages 6 to 18
- WHAT:** **The Power Hour: Making Minutes Count** program provides Club professionals with strategies, activities, resources and information to create a homework help and tutoring program that engages Club members. **Power Hour** addresses the following:
- Conducting engaging, beneficial homework help programs for Club members ages 6 to 12 and 13 to 18
 - Conducting a beneficial, one-to-one tutoring program for all ages
 - Research strategies for teens
 - Strategies to make homework fun
 - Recognition and incentive strategies, tips for tracking progress and a tracking poster
 - Behavior management during Power Hour
 - Volunteer recruitment and training
 - Collaboration with outside institutions
 - Scheduling considerations
 - Philosophy and purpose of homework help in a Boys & Girls Club
 - Character development through homework completion
 - Homework help and tutoring with hard-to-reach youth
 - Use of technology and the Internet to support homework help and tutoring
 - Supplemental activities
 - Sample funding proposals
 - Other free or low-cost resources
 - Promising Club practices

With generous funding from Charity Projects Entertainment Fund (CPEF)/Idol Gives Back, BGCA is providing grants to 180 Clubs in communities with high poverty rates to help low-income youth achieve their academic potential.

WEB SITE: www.bgca.net/Programs/Education & Career Development

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