



**BOYS & GIRLS CLUBS
OF AMERICA**

Fact Sheet: Power Hour: Making Minutes Count

- GOAL:** To help young people develop academic, behavioral and social skills through homework completion, high-yield learning activities and tutoring.
- WHY:** Boys & Girls Clubs seek to provide an outcome-driven Club Experience that helps young people achieve academic success, good character and citizenship, and healthy lifestyles. When Boys & Girls Clubs offer extended learning opportunities and educational enrichment programming during the non-school hours, they help improve young people's academic performance and encourage them to graduate from high school, pursue a post-secondary education and develop a lifelong love of learning. Homework completion is a critical component of young people's academic success.
- WHO:** Boys & Girls Club members ages 6 to 18
- WHAT:** The Power Hour program model helps Club professionals:
- Create a climate of academic success in the Boys & Girls Club
 - Conduct engaging homework help programs for Club members in elementary, middle and high school
 - Make homework and other learning activities enjoyable, as well as academically beneficial – “Fun with a Purpose”
 - Integrate technology in Power Hour activities
 - Organize a program schedule and space for optimum results
 - Implement one-on-one or small-group tutoring for youth who need additional help in specific areas
 - Develop an incentive system to motivate youth to increase their participation
 - Recognize young people's efforts and achievements
 - Engage hard-to-reach or reluctant youth in homework help and tutoring
 - Recruit and retain program volunteers
 - Collaborate with schools, parents and other community partners
 - Measure the outcomes of Power Hour
 - Pursue local sustainability funding with a sample grant funding proposal
 - Replicate proven best practices from other Clubs

The Power Hour resource guide and Power Points tracking poster are available through SupplyWorks, www.bgca.net/Departments/SupplyServices/Default.aspx

Distance learning courses on program implementation and outcome measurement are available through Boys & Girls Club Leadership University, www.bgca.net/Departments/TPD/LeadershipUniversity/default.aspx

WEBSITE: <http://www.bgca.net/Programs/EduCareer/phhome.aspx>

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