



**BOYS & GIRLS CLUBS  
OF AMERICA**

### **Fact Sheet: Passport to Manhood**

**GOAL:** To teach and promote responsibility, reinforce positive behavior and develop character in adolescent males

**WHY:** The passage from boyhood to manhood is challenging, requiring adolescent males to understand and manage many issues and transitions. **Passport to Manhood** addresses critical issues that young men face during this time, such as ethics, decision-making, wellness, ideas about fatherhood, employment and careers, cooperation and conflict, diversity, relationships and self-esteem.

**WHO:** Male Club members ages 8-12 and 13-17

**WHAT:** **Passport to Manhood** is a 14-session program that concentrates on specific aspects of manhood through highly interactive activities. Each Club member participant is issued his own “passport” to underscore his personal journey of maturation and growth. One session is conducted each week, with each activity to be completed within 30 to 45 minutes.

- Session I      Introductory Session
- Session II     Understanding Manhood
- Session III    Self-Esteem and Identity
- Session IV    Values in Personal Decision-Making
- Session V     Academic Success
- Session VI    Healthy Lifestyles
- Session VII   Responses to Authority
- Session VIII   Relationships with Girls
- Session IX    Fatherhood and the Family
- Session X     Employment and Careers
- Session XI    Diversity
- Session XII   Cooperation and Conflict
- Session XIII   Personal Leadership and Community Responsibility
- Session XIV   Graduation: From Boys to Men

**WEB SITE:** [www.bgca.net/Programs/Health & Life Skills](http://www.bgca.net/Programs/Health & Life Skills)

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